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6 Bedroom Items That Aren't Worth the Splurge, According to Designers

By SARAH LYON | Published on 12/28/23



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Wondering which bedroom items are worth a bit of an investment and which you're better off skipping altogether? The pros' answers may surprise you!

We spoke with a handful of interior designers and asked them to chime in on the items that many mistakenly view as essentials. The following six items can actually be sourced for less or entirely eliminated if you're designing or redoing a bedroom.

Read on to find out what six bedroom items aren't worth the splurge to save yourself some major cash.

Luxury Sheets

You may think that top-of-the-line sheets are key to an amazing night's sleep, but you'll want to consider your day-to-day lifestyle before spending too much on linens that will be going in and out of the wash frequently.

To that end, Andrea Sinkin, the founder of [Andrea Sinkin Design](#), is happy not splurging on sheets for practical reasons.

Sinkin explains how their [sheets get washed](#) about three times a week since they have kids and dogs in their bed every night. She personally loves the affordable set from Costco instead.

"High-quality sheets don't mean they are indestructible," Sinkin adds. "Nothing is!"

Throw Pillows

While aesthetically pleasing, throw pillows shouldn't cost a fortune, notes Sarah Barnard, the founder of [Sarah Barnard Design](#).

"They are rarely worth the investment for something that may often get minimally used or tossed on the floor during sleep," she says.

Barnard suggests allocating funds toward a [bedding set](#) with decorative pillow shams instead, which, she says have the same charm as throw pillows with a greater practical reward.



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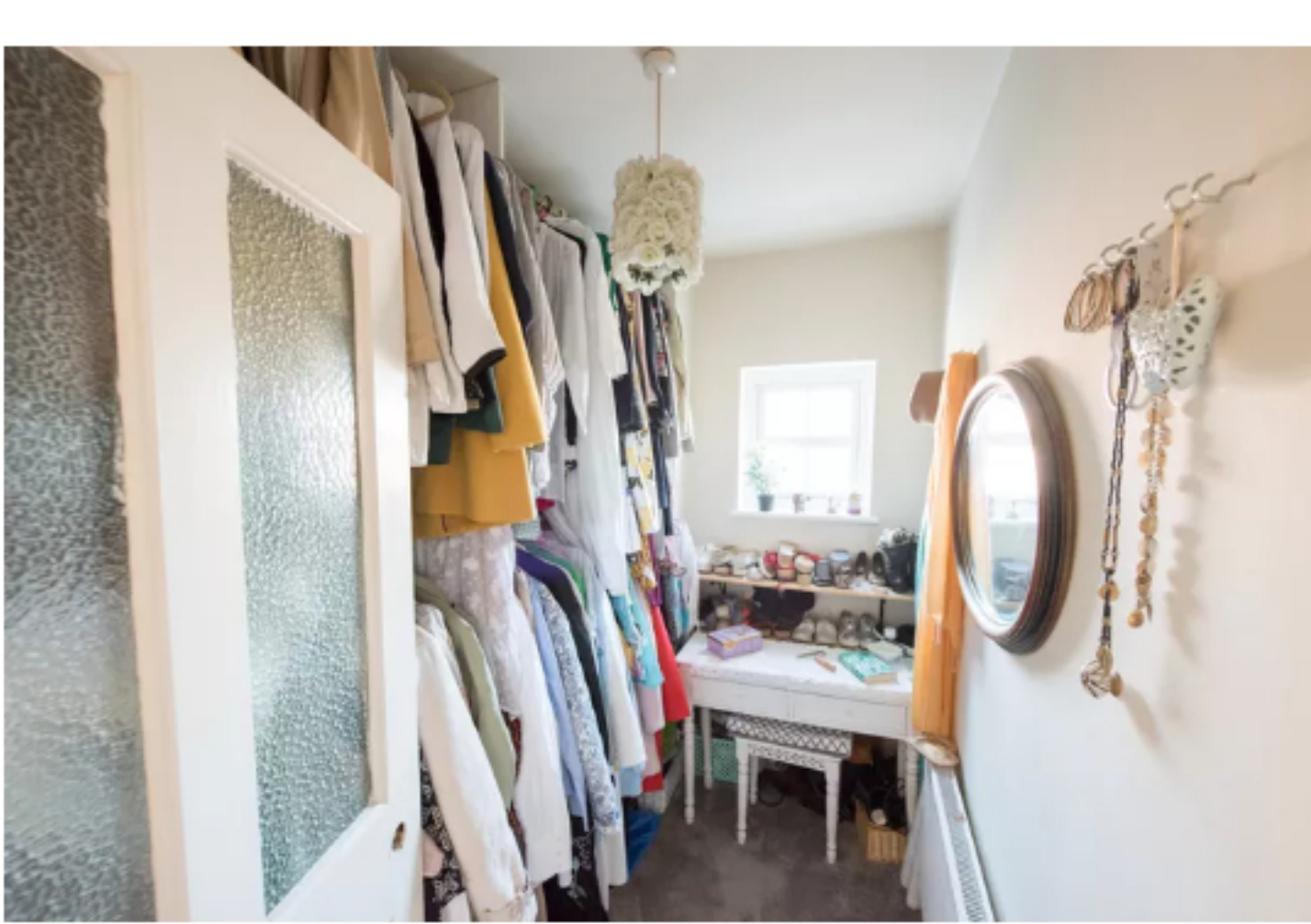
Trinkets

While it's smart to keep a small jewelry dish on the nightstand or dresser and to corral things like perfume bottles on a [small tray](#), keep these types of accents to a minimum. The bedroom isn't a space in which to go wild with decor, according to Barnard.

"Small trinket trays or small sculptural objects can add more clutter than character in a bedroom," she says, adding that these items will also need to be dusted. Eliminating these types of small accents doesn't mean that your bedroom has to lack personality.

As an alternative, Barnard suggests investing in a nice piece of wall art or prioritizing a furniture or lighting purchase instead, given that these items can still add personality while also bringing a sense of calm.

Allison Garrison, the founder of [Allito Spaces](#) agrees. "Ditch the expensive trinkets and vases," Garrison says. "Keep the real estate clear for a beautiful lamp."



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Area Rugs

The bedroom area rug simply isn't going to be the star of the show, given the layout of most sleep spaces—particularly those that are on the smaller side.

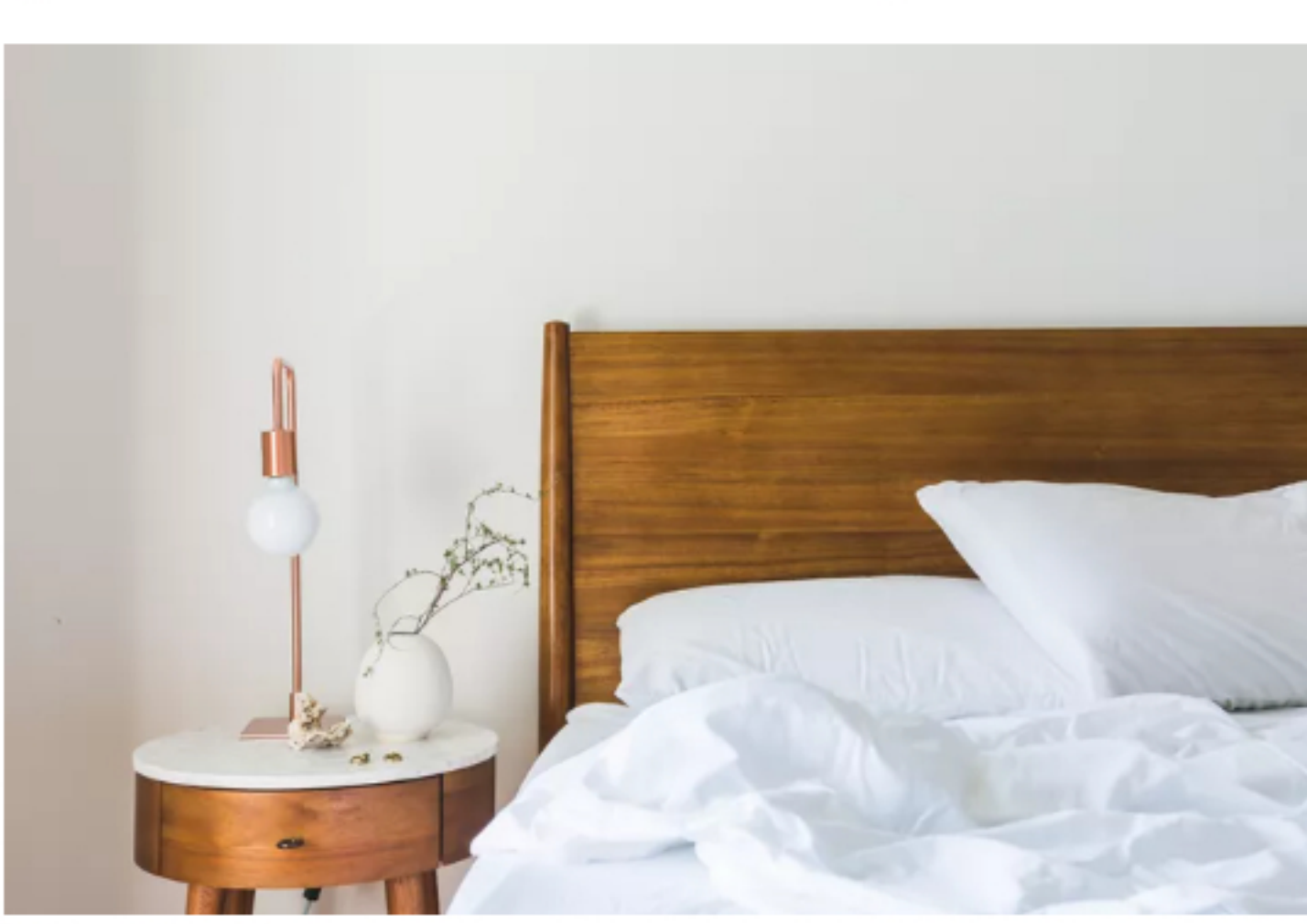
"Beds are going to cover most of it, so focus on something that feels good on your feet," Maren Baker, the founder of [Maren Baker Design](#), says. She recommends spending more on accents that will immediately capture your attention, such as wallpaper and bedding.

Nightstands

Nightstands can cost a pretty penny, but you can also [take to the thrift store](#) and find a set that suits you for much less and feel good about that decision.

Colleen Simonds, the founder of the design firm, [Colleen Simonds](#), explains that you don't need to go nuts on a nightstand because it's not the star of the bedroom. She agrees with Baker that, instead, focusing on a [room's wallpaper](#), bedding, and lighting is the way to go.

Note that the mismatched nightstand look continues to make waves, and [small space dwellers](#) often opt to place a small chest, desk, or vanity beside the bed in lieu of a traditional nightstand.



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Fancy Dressers

If your bedroom is short on space, you may be tempted to ditch the dresser—and according to Jessica Dorling, the founder of [Dorling Design Studio](#), you should feel good about that decision.

"It's a space killer," the designer says of fancy chests of drawers.

Since everyone still needs reliable clothing storage, Dorling recommends placing a more utilitarian-looking dresser inside of the bedroom closet or investing in a custom closet setup. Especially, if it's complete with plenty of drawers to house t-shirts, athletic clothes, underwear, pajamas, and beyond.

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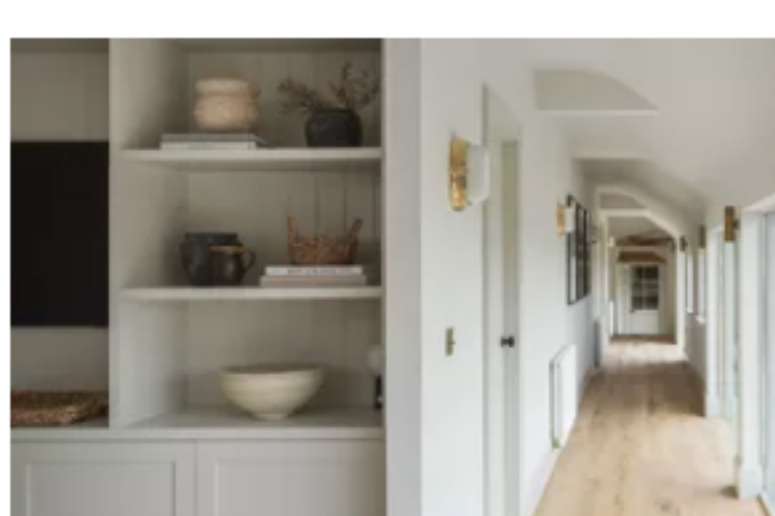
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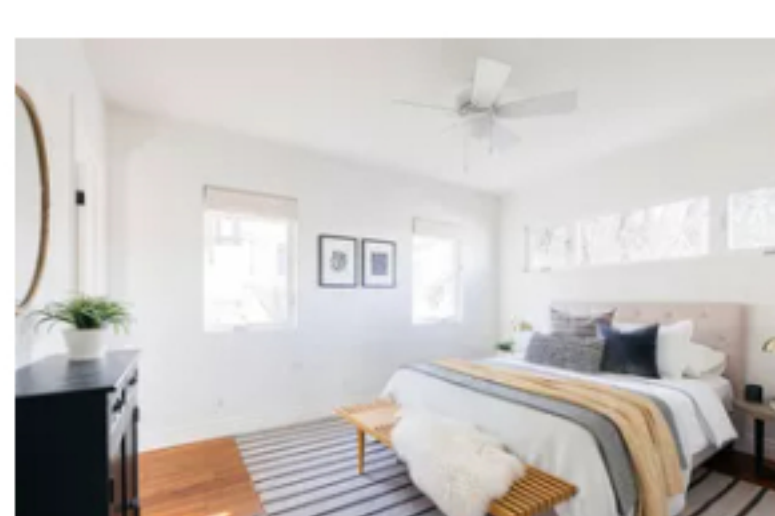
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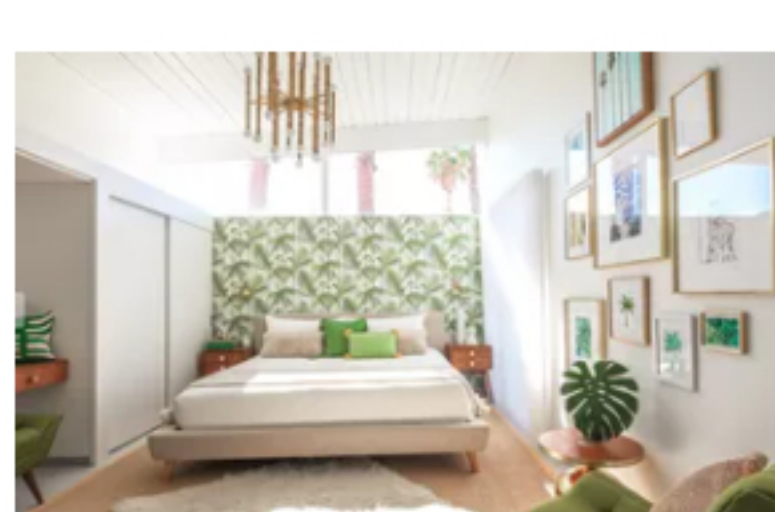
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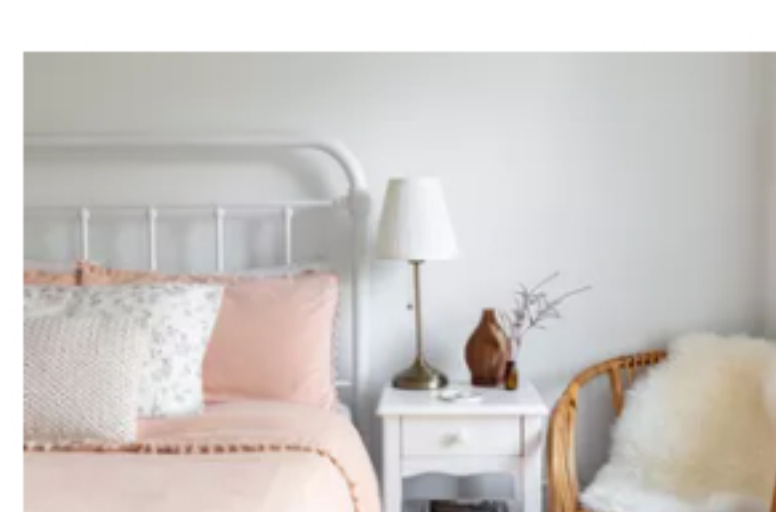
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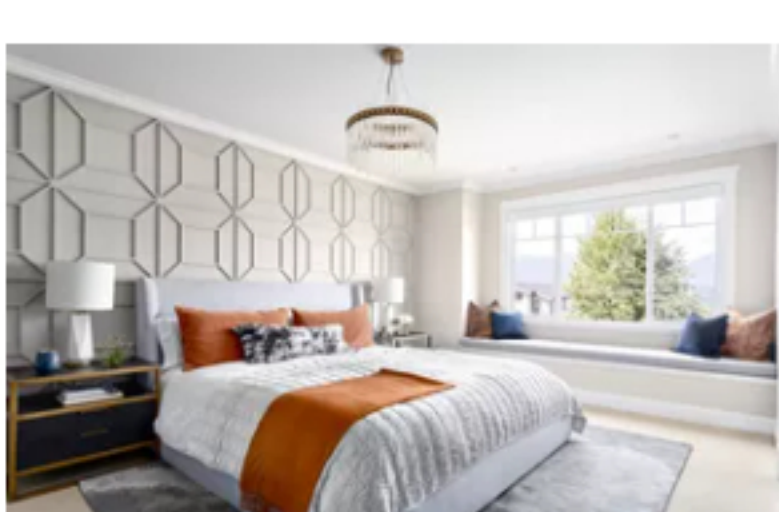
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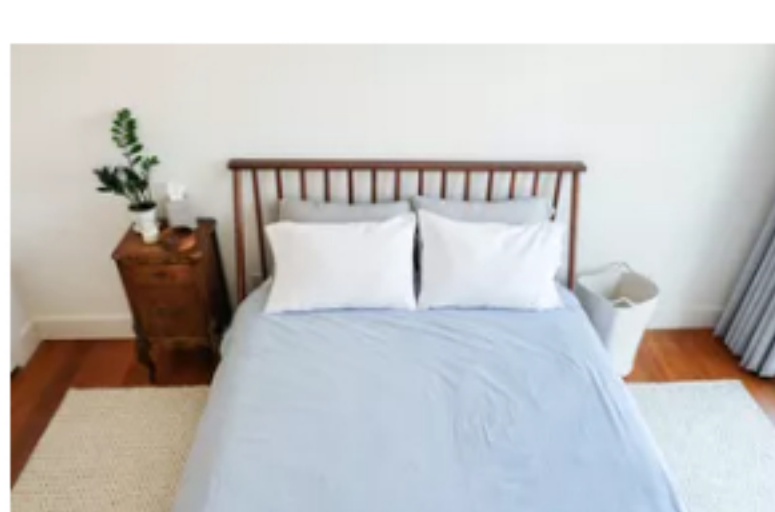
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